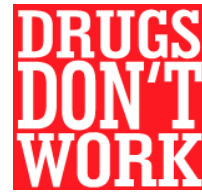




"DRUGS DON'T WORK" NEWSLETTER

Date: January 2006



"Every business should be a drug-free workplace"



MEET YOUR DRUGS DON'T WORK COMMITTEE

Your Chamber's Drugs Don't Work (DDW) Committee, has a Speakers Bureau. We will come to your workplace and give the orientations to your supervisors and employees. Call us for more info.

The committee meets the **first Thursday of every month, 8:30 am, at the Chamber. We invite you to attend.** Contact Ron Hinze or Marie Cordero, ext. 24, or ext. 28, e-mail: rhinze@columbusgachamber.com or mcordero@columbusgachamber.com.

UPCOMING WORKSHOPS

Tues. 2-14 "Consequences of Meth Use" 10-11
Tues. 3-28 "Understanding Chemical Dependency" 9-11
Tues- 4-11 "Alcohol Abuse" 9-11

All workshops are \$25.00 per employee for Chamber members, \$40.00 for non-members per workshop.

A note:

The certification process for being a Drug Free Workplace is renewed annually based on actual date of certification. The Chamber can assist your company to keep up the continuing ed requirements and show you how to be a drug free workplace. We have some great suggestions to help you keep good employees that may have a problem, we can help!

Share this newsletter with your family and friends!

THIS MONTH'S TOPIC

ALCOHOL ALERT !!- National Institute on Alcohol Abuse & Alcoholism # 44, July 1999

PART 2:

Alcohol and the Workplace

Drinking among U.S. workers can threaten public safety, impair job performance, and result in costly medical, social and other problems that affects everyone in the workplace. Productivity losses are estimated to be in the billions as surveyed by the NIAAA. As this *Alcohol Alert* explains, several factors contribute to problem drinking in the workplace. Employers hold the key.

Factors contributing to Employee Drinking

Workplace Alienation

Work that is boring, stressful or isolating can contribute to employees drinking. This has been associated with low job autonomy, lack of job complexity, lack of control over work conditions and products, boredom, sexual harassment, verbal & physical aggression and disrespectful behavior.

Alcohol Availability

The availability and accessibility of alcohol may influence employee drinking. A vast number of workers report that it is easy to bring alcohol to work, have at work stations, and drink during breaks. At least 24% report some drinking at work, at least once a year. Survey says 23% of upper-level managers reported drinking during working hours in the previous month.